



Name \_\_\_\_\_ Date \_\_\_\_\_

## **3 Myers Briggs**

### **Instructions:**

1. Visit: <http://www.humanmetrics.com/cgi-win/JTypes1.htm>
2. Read the test description. Click on the “Do It” button to begin. This test consists of 72 yes/no questions. Once you complete all of the questions, click on the “Score It” button.
3. Your type will be displayed. Print out this page.
4. Included on this page are links to 2 sites that provide descriptions for your type.  
\_\_\_\_ type description by D. Keirsey  
\_\_\_\_ type description by J. Butt and M.M. Heiss
5. Click on each link separately and print out the descriptions provided.
6. You may also want to check out several books from the Career Development Center Library that provide career information related to personality types.

Suggested reading to unlock the secrets of your personality to find a possible career match

[Do What You Are](#)

[What's Your Type of Career](#)

[Looking at Type and Careers](#)

After completing this exercise you may want to contact the faculty or counselor who assigned this activity to discuss the results.