

ADULT ESOL LESSON PLAN  
PHONEMIC AWARENESS INFUSION  
LCP C - HIGH BEGINNING

Standard 24.0 - Health and Nutrition  
Competency 24.06  
Standard 34.01 - Pronunciation

Student Activity  
Handout B

## Personal Hygiene

Mrs. Park has two sons, **Ben** and **Pete**. She's teaching the boys about **basic personal hygiene**. They write a shopping list for hygiene products. **Ben** needs a new toothbrush, a tube of toothpaste, mouthwash, and dental floss. **Pete** needs shampoo, soap, and conditioner. Mrs. Park writes on the list, too. She takes **Ben** and **Pete** shopping. They buy the hygiene products at **Penn's Store**. At home, the boys sit together at a table. Mrs. Parker gives them a **pen** and a **big sheet of paper**. **Ben** and **Pete** write a **basic personal hygiene routine**.

*I should take a bath every day.*  
*I should brush my teeth with toothpaste.*  
*I should use dental floss and mouthwash.*  
*I should brush or comb my hair.*

Mrs. Park reads **Ben** and **Pete's paper**. She smiles at the boys. They forgot one important step. Mrs. Park writes on the **paper**. Then she takes out something from the **bag**. **Ben** and **Pete** look at it.

"Please use deodorant every day," Mrs. Park says.  
The boys read the **paper** again.

*I should use deodorant after taking a bath.*

Mrs. Park smiles at the boys.

